

# From The Mind Of:

**Kim Gilchrist, LDO, ABO, NCLE**

**A NaturalVue Multifocal Practitioner Experience**



Kim Gilchrist, LDO, ABO, NCLE  
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## **“The NaturalVue Multifocal Calculator: Taking Out the Guesswork”**

As a very successful and busy practice, we are always looking for ways to integrate new technology that has a benefit for our patients. We saw an opportunity with NaturalVue® (etafilcon A) Multifocal 1 Day Contact Lenses to provide a new solution for our presbyopic patients.

We have recently started using the NaturalVue Multifocal QuickStart Calculator. The QuickStart Calculator provides the optimal starting lens powers and only requires the patient's best corrected spectacle refraction and vertex distance. Since we began using it, it has helped us to streamline the fitting process. We have noticed an increase in fitting success and a decrease in chair time when we use it. It really takes the "guess work" out of where to start. I highly recommend utilizing the NaturalVue Multifocal QuickStart Calculator as a part of your fitting process.

Ms. Gilchrist is the trainer for the contact lens department and a team member of the clinical studies department. She has been with the Marietta Eye Clinic for 21 years. She is a LDO and has her NCLE and ABO certifications. The Marietta Eye Clinic System is a full-time comprehensive eye care center consisting of eight offices located in the northern suburbs of Atlanta. Patient services include adult and pediatric eye examinations, ocular plastics, cataract, laser and refractive surgery (including LASIK), and optical dispensing of eyeglasses and contact lenses  
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