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“NaturalVue® Multifocal is a unique 1 day soft contact lens that fits like an IOL.”

I manage two offices providing specialty ocular diseases care, co-manage pre/post-surgical patients, and have a full primary medical based practice. I fit a lot of lenses, and as a teacher, researcher, and contact lens specialist, I was one of the first to fit NaturalVue Multifocal.

I was impressed by **NaturalVue® (etafilcon A) Multifocal 1 Day Contact Lenses'** special center-distance design for optics. It is so unique it actually should be called the 'pin-hole contact lens' since the optics of the lens create a virtual aperture to allow for clear near, intermediate and distance vision by the enhanced depth of focus. This is consistent with how the latest IOLs are made, and this fits like one.

My patients range from kids to adults, so having a soft 1-day multifocal contact lens option was important. My practice is about 75% Presbyopes and 25% kids.

I have lectured and written on myopia with utilizing various lens options. However, as the literature has suggested, there is substantial evidence about growing usage and positive results with soft center-distance contact lenses for myopia management. Since many of the patients requiring myopia management but may be unwilling to utilize GP or pharmaceutical options, the soft distance center multifocal “pinhole” effect is a welcome option that I like to start with. It's an excellent introductory / long-term method well accepted by both child and parent, cost-effective for parents and well-tolerated with my young patients, where other modalities are not a practical or affordable choice.

I would definitely recommend NaturalVue® as I have great success achieving 20/20 vision right away for all my patients. Before fitting, I use the online calculator and then at the beginning of the trial lens evaluation I like to start with the red/green (Duochrome) test for a binocular check that the patient is not overplussed to create a binocular balance at distance and near. Then I simply change the lens the powers by +/-0.25 diopters, if needed, without worrying about a traditional over-refraction based on the visual acuity/quality and subjective comments of the patient. I am glad to have NaturalVue in my practice giving me a new alternative to satisfy the needs of my patients.

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Doctor consulting disclaimer: Kenneth Daniels, OD, FAAO, Dipl ABO is an Adjunct Assistant Clinical Professor and National Eye Institute Clinical Investigator at the Pennsylvania College of Optometry (PCO) where he was also the Director of Contact Lens Research. He presently teaches in PCO's Centers for International Studies. Dr. Daniels is a speaker for Coopervision and Vmax Vision. He was not financially compensated for this perspective.