



Nicole Mardak, OD
Wildwood Eyecare
Marietta, GA

Case Report: “Expect More from Multifocals”

History:

DE is a 59-year old WF who presented for her annual eye exam. She was not happy with her current vision correction, multifocal contact lenses, stating that her distance vision was poor and that her contact lenses were dry and uncomfortable. She rated her current lenses a 4 on a scale of 1-10 (with 10 being excellent), illustrating her dissatisfaction with her multifocal contact lenses. DE was struggling with both night vision and near vision at work where she needed to see extremely fine print on spreadsheets. She had higher expectations for a multifocal contact lens and was clearly looking for a change.

Habitual Lenses:

-6.75/Lo C-Vue ADDvantage Multifocal OD; -9.00/Hi C-Vue ADDvantage Multifocal OS

Best Corrected Spectacle Refraction:

-7.75 DS OD, -10.25 DS OS, Add +2.25 OU, which provided her with 20/20 distance and near vision OU.

Initial trial lenses: -7.00 NaturalVue® Multifocal OD; -9.25 NaturalVue® Multifocal OS

After fitting DE with the NaturalVue® (etafilcon A) Multifocal 1 Day Contact Lenses, the lenses were allowed to settle for the recommended 10 minutes. The patient then provided feedback on her vision. She rated her distance vision a 9 and her intermediate vision a 7, but was not fully satisfied with her near vision (which she rated a 6). To improve her near vision, I adjusted her right eye (her non-dominant eye) by +0.50D. This greatly enhanced near vision which she re-rated to an 8. On her follow-up visit, and after wearing the lenses outside of the office, DE gave the new NaturalVue® Multifocal strong marks, particularly on distance vision (reading street signs), general driving and overall visual performance. She commented specifically on the “great distance vision” and was pleased that she no longer had to compromise distance acuity in order to gain near vision. The prescription was finalized and DE went on to purchase.

Final RX:

-6.50 NaturalVue® Multifocal OD; -9.25 NaturalVue® Multifocal OS

Doctor consulting disclaimer: Dr. Nicole Mardak received her Doctorate of Optometry from the Illinois College of Optometry in Chicago. She completed clinical rotations at the West Palm Beach Veterans Affairs Medical Center, the Illinois Eye Institute, the Chicago Lighthouse, Georgia Eye Partners, and the University of Melbourne Eye Care Clinic in Australia. Dr.Mardak is a member of the American Optometric Association, the Georgia Optometric Association and the Greater Atlanta Optometric Association.