## **Refitting Monovision** LENS WEARERS



**90** SINGLE USE CONTACT LENSES Follow these best practices when fitting NaturalVue<sup>®</sup> (etafilcon A) Enhanced Multifocal 1 Day<sup>™</sup> contact lenses– now with the TripleTear<sup>®</sup> Lubrication System and Ultra-Tapered Edge designed for optimal fit and comfort.

## Stepwise Approach to Refitting Long-term, Established, Well-adapted Monovision Contact Lens Wearers

Because monovision patients have adapted to the significant overplussing of their non-dominant eye, it can be challenging to refit them into any multifocal, especially a unique, extended depth of focus design like NaturalVue<sup>®</sup> Enhanced Multifocal 1 Day<sup>™</sup> contact lenses.

The following approach has been found to minimize this issue:

## **EXAMPLE:**

The patient has been wearing -3.00D OD and -1.00D OS.

## **SPECTACLE PRESCRIPTION:**

OD: -2.75 -0.25 X 095 OS: -2.50 -0.75 X 090 ADD +2.00D OU

- The NaturalVue<sup>®</sup> Multifocal QuickStart Calculator recommends starting powers of -3.00 OU. • Dominant Eye: Start with -3.00D
  - $\circ$  Non-dominant eye: Start with -2.00D [(-3.00 suggested power +  $\frac{1}{2}$  the +2.00D ADD) therefore, (-3.00) + (+1.00) = -2.00 to start with on the non-dominant eye.]
- At the follow-up visit, you should be able to change the non-dominant eye power to -3.00D
- Generally, the vision will be excellent at Distance and Near at this point.
- If near still needs enhancement, add +0.25 D to the non-dominant eye.
- If further enhancements are needed, follow the Fitting Guide.

