



## Myopia Practice Integration - Key Considerations

### Executing the Consultation

#### Patient Selection and Risk Assessment

- How will you select candidates?
- Do you have a patient-based risk assessment as part of the initial paperwork completed by parents?
- How will you assess each patient's risk for either development or progression?
- Have you considered pre-myopia (pre-disposition based on genetics, individual characteristics) as a part of patient selection and candidates?
- How to talk to parents about short-term and longer-term impact of progressing myopia?
  - Short-term: Performance of the 3 A's: Academic, Artistic and Athletic
  - Longer-term: diseases (like glaucoma, cataracts, macular degeneration, retinal detachments) that typically happen in older people (60's-70's) are happening at younger ages (20's/30's)

#### Prescribe the appropriate intervention

- What are you currently doing to address myopia?
- Is that treatment method working?
- Are you comfortable with your understanding of the evidenced-based interventions (atropine, spectacles, ortho-K, SCL's) available?
- What are the differences in designs? How do they work? What are the chances of success rates with each?
- Which will you choose to use? Why?
- What does the ECP/staff/office need to practice each?
- Will you need special or new equipment?
- How will you train yourself? Your staff?
- How/when will you manage success? Refractive Error change vs. Axial Length change?
- How will you explain the interventions you offer? The risks, benefits, and chances of success with each child?
- How will you address possible results with each as well as possible side effects?
- How do manage parent/patient expectations?

#### Education of parent and patient

- How will you educate the parents and patient on their individualized correction, environmental and lifestyle interventions (near work, time outdoors)?
- How will you manage educated parents who come in with an intervention in mind? Or those who have no idea what to do?
- How will you manage the emotional aspect for parents and patients?